

Level 2 Oncoplastic Surgery

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Disclosure:

• I have no conflict of interest to report

Oncoplastic surgery is tumour specific immediate breast reconstruction.

Includes both post mastectomy reconstruction and breast conservation techniques

The integration of plastic surgery techniques and breast cancer surgery to preserve aesthetic outcomes without compromising local disease control.

Level 2 oncoplasty uses therapeutic mammoplasty techniques to reshape the breast during breast conservation surgery, often with contralateral symmetrization

Shrinking Indications for Mastectomy

Adverse breast volume to tumour volume ratio (20%)

Multifocal breast cancer

Failed conservation surgery

>5cm DCIS

Multicentric breast cancer

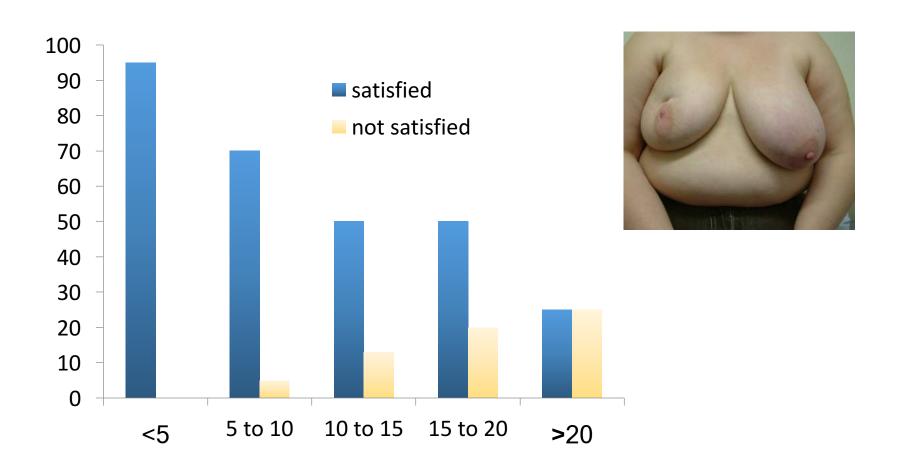
Inflammatory Breast Cancer

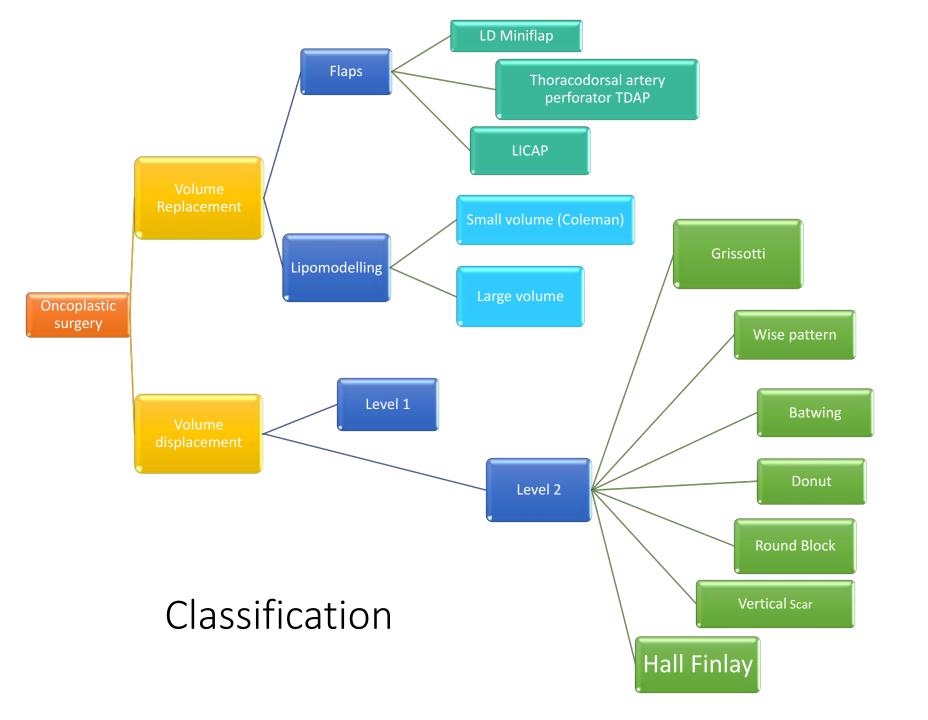
Adverse breast tumour location

Risk reduction

Patient preference

Breast Conservation Outcomes by percentage volume excised

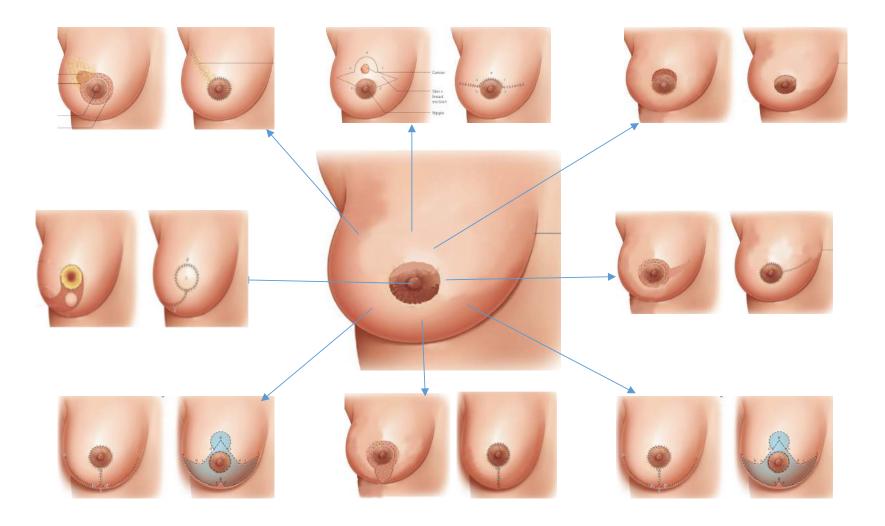




Level 2 Oncoplastic techniques: Therapeutic mammoplasty with nipple repositioning on a pedicle.

- Many techniques available depending on which quadrant contains tumour.
- Choice also depends on the breast size, degree of ptosis and what the patient hopes to achieve.
- Techniques usually developed in the aesthetic setting and modified for use in the oncology setting.
- Choice of technique may be complex and specific training is required.

Oncology considerations

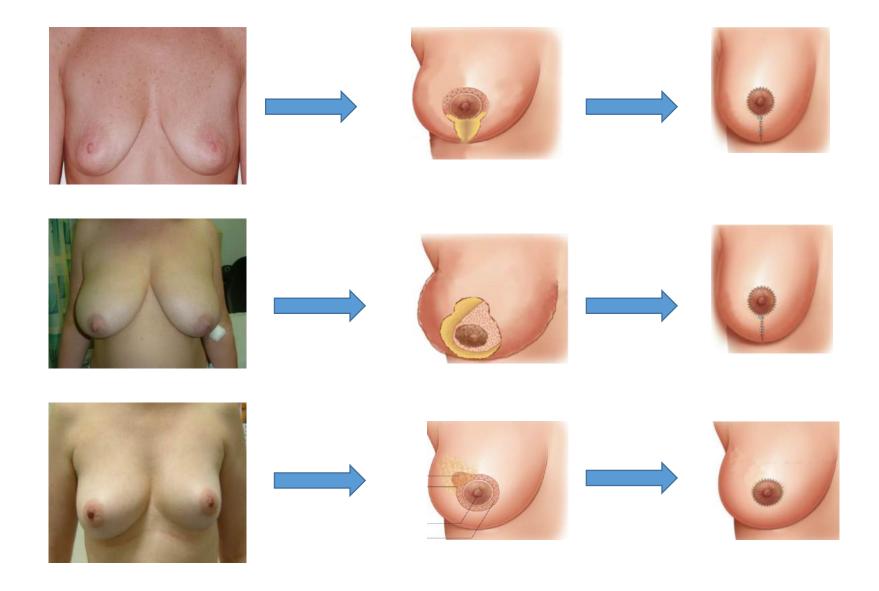


Modified and reproduced with permission, Sanidas and Fitzal, Breast cancer management for surgeons, Wyld et al, editor, Springer 2017

Aesthetic considerations

- Breast reduction may be needed/desired or not:
- Reduction volumes classification:
 - *Small* <200*g*
 - *Moderate* 2-500*g*
 - *Large* 500-1500*g*
 - *Gigantic* >1500*g*
- Ptosis correction may be variable:
 - No ptosis Nipple above IMF
 - Pseudoptosis Nipple above IMF but breast volume below IMF
 - Grade 1 Nipple at IMF
 - Grade 2 Nipple below IMF but above lowest point
 - Grade 3 Nipple at lowest point of breast

Small to Moderate: Vertical scar or round block

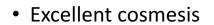


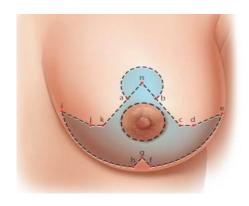
The Wise Pattern Mammoplasty





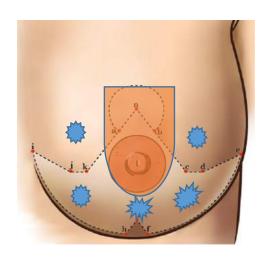
- Workhorse of oncoplastic conservation
- Suitable for tumours in many locations in the breast, suitable for moderate to very large breasts with significant ptosis
- Permits removal of large volume tumours or multiple tumours
- Pedicle position can be varied from inferior, inferomedial or lateral to supero medial or lateral depending on pedicle length and tumour position giving huge versatility.

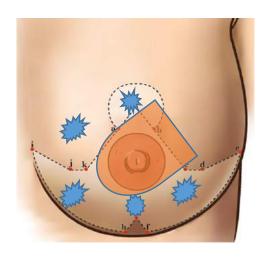


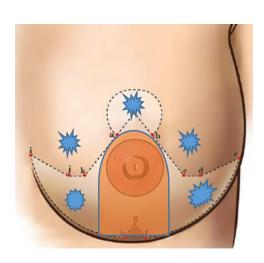




Pedicle flexibility







Extreme Oncoplasty

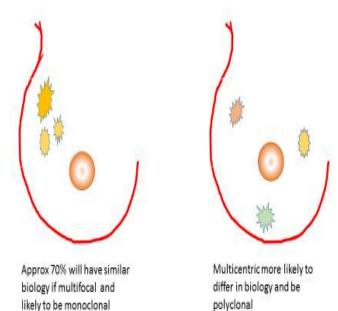
- Patients who would normally be offered mastectomy.
- Multifocal, multicentric or >5cm tumour
- Series by Silverstein et al, 2015, The Breast Journal.
- 83% (extreme) versus 96% (normal BCS) achieved clear margins (no tumour at ink) with 9% having re excision and 6% having a mastectomy.
- 1.5% local recurrence rate at 2 years versus
 1.2% in the standard arm (P=not significant).
 Both slightly higher than the more usual 0.5% per year rate seen for standard BCS)



7 cm area of DCIS Bracketted with 2 wires and inferior pedicle wise pattern reduction plus contralateral immediate symmetrization

Multicentric and multifocal disease

Biology of multifocal and multicentric disease



Plan pedicle position.

Pre-operative MRI

Intra-operative margin assessment (specimen X-ray, margin probes of various sorts) to avoid positive margins.

Careful recording of flaps and pedicles relative to tumour

Mark with clips for both X ray and margin re excision if needed

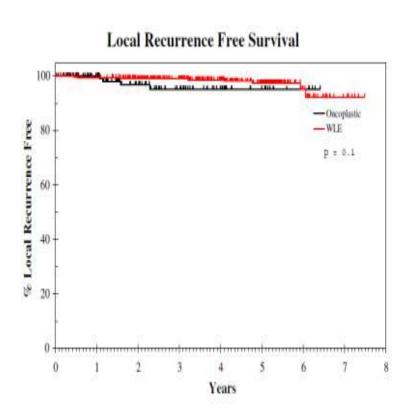
Uncharted territory if young or high risk and need dual radiotherapy boost

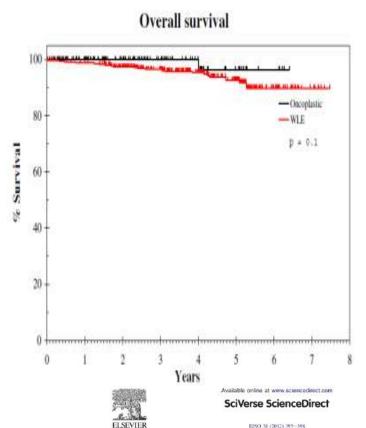
Impact of Oncoplastic Surgery on re-excision rates, survival and local recurrence.

| Author | Matched | BCS no. | LRR % | % Re- excision | OPBC no. | LRR % | % Re- excision | FU/ months |
|------------------|------------------|---------|-------|-------------------|----------|-------|-------------------|---------------|
| Chakravorty 2012 | No. OPBC adverse | 440 | 2.7 | 14.5 | 150 | 2.2 | 6.6 | 28 |
| Niinikovski 2019 | No. OPBC adverse | 1189 | 2.7 | 8.4 | 611 | 1.5 | 9.2 | 75 |
| Lee 2017 | No. OPBC adverse | 582 | 2.1 | NS | 170 | 1.8 | NS | 72 |
| Mansell 2017 | No. OPBC adverse | 558 | 3.4 | 13.1 | 104 | 2 | 14.4 | 56 |

A large meta analysis (De La Cruz et al, 2016) confirmed that there is no LRR, DFS or OS disadvantage compared to case matched standard BCS or mastectomy

Oncological safety of oncoplastic surgery: Evidence is it is safe.





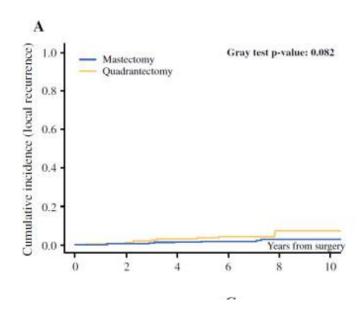
Large unmatched series (450 vs 150) larger tumours in OPS group, much lower re-excision rate.

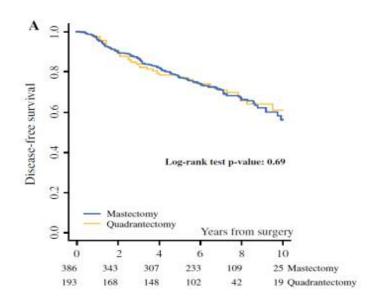
How safe is oncoplastic breast conservation?: Comparative analysis with standard breast conserving surgery[★]

A. Chakravorty**, A.K. Shrestha, N. Sanmugalingam, F. Rapisarda, N. Roche, G. Ouerci della Rovere, F.A. MacNeill

Academic surgical unit, The Royal Marsden Hospital, London SW3 6JJ. UK
Accepted 27 February 2012
Available online 20 Mirch 2012

A Matched cohort analysis. 193 versus 386 matched cases: OPS vs Mx





Ann Surg Oncol (2016) 23:1852-1859

DOI 10 1/2456/0434-016-51244

ORIGINAL ARTICLE - BREAST ONCOLOGY

ORIGINAL ARTICLE - BREAST ONCOLOGY

Oncoplastic Breast-Conserving Surgery for Tumors Larger than 2 Centimeters: Is it Oncologically Safe? A Matched-Cohort Analysis

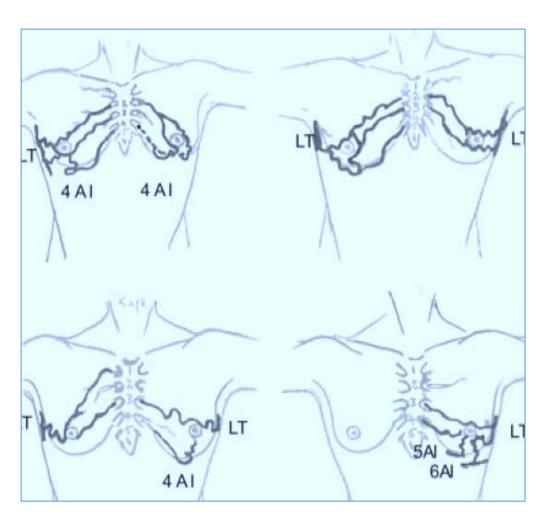
Francesca De Lorenzi, MD, PhD¹, Pietro Loschi, MD¹, Vincenzo Bagnardi, PhD^{2,5}, Nicole Rotmensz, MSc², Gabriel Hubner, MD², Giovanni Mazzarol, MD², Roberto Orecchia, MD², Viviana Galimberti, MD⁶, Paolo Veronesi, MD⁶, Marco Angelo Colleoni, MD⁷, Antonio Toesca, MD⁶, Nickolas Peradze, MD⁶, and Rietjens Mario, MD, PhD¹

Oncoplastic Outcomes

- Adverse events may include
 - Nipple necrosis, partial or complete
 - Fat necrosis: may cause concern about recurrence and delay adjuvant therapies
 - Skin necrosis
 - Assymetry: may worsen with time due to impact of radiotherapy
 - Wound breakdown
 - Haematoma
 - Loss of sensation
 - Infection: may delay adjuvant therapies
- Risk factors include smoking, diabetes, obesity, extreme breast ptosis and larger sizes

Nipple vascular supply variability!

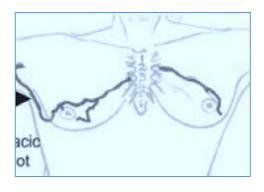
- 48% of arteries supplying the NAC arise from the internal thoracic.
- 24% from the anterior intercostals
- 27% from more laterally sited sources (lateral thoracic, axillary, post intercostal)

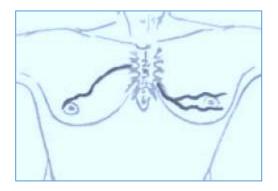


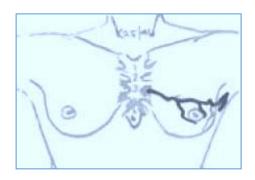
Aesth. Plast. Surg. 27:393-398, 2004 DOI: 10.1007/s00266-003-7113-9



High Risk Anatomic Variants







Aesth. Plast. Surg. 27:393-398, 2004 DOI: 10.1007/s00266-003-7113-9



Quality of life

- Quality of life is not necessarily just influenced by cosmesis and patients perceptions of subjective cosmesis may vary from objective assessments.
- Results from studies comparing standard BCS with OPBC are variable with most studies being retrospective and most results are non significant or use sub-optimal QoL tools
- Studies in progress to prospectively assess QoL in Oncoplastic versus standard BCS include COSMAM in the Netherlands.
- Compared to mastectomy and IM, OPBC QoL is usually better.

Summary

- Need to modify and tailor the operative approach to the patient:
- Patient factors: fitness, preference, ptosis and volume
- Contralateral symmetrisation may be required at the same time or later with many techniques
- Tumour position considerations may mandate modifications of techniques
- Training and experience essential

Thank You